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## **PRESS RELEASE**

**Insight Recovery Centers  
awarded Gold Seal of Approval Accreditation  
from The Joint Commission**



Ashburn, Virginia –Insight Recovery Centers has earned The Joint Commission’s Gold Seal of Approval® for their Substance Abuse Intensive Outpatient Program (IOP) and Outpatient Programs (OP) by demonstrating continuous compliance with its performance standards. The Gold Seal is a symbol of quality that reflects a health care organization’s commitment to providing safe and quality patient care.

Insight Recovery Centers underwent a rigorous, onsite review on September 21<sup>st</sup> and 22<sup>nd</sup>, 2020. During the visit, a Joint Commission reviewer evaluated Insight’s compliance with behavioral healthcare standards spanning several areas including leadership, emergency management, infection control, performance improvement, environment of care, and treatment protocols.

In less than a year, Insight Recovery Centers earned their Substance Abuse Intensive Outpatient Program and Outpatient Program licenses from the Virginia Department of Behavioral Health and Developmental Services as well as Joint Commission accreditation. This accreditation allows us to become leaders in our field for the quality of our program and change the view of substance use disorders to a more modern understanding.

The Joint Commission's standards are developed in consultation with health care experts and providers, measurement experts and patients. They are informed by scientific literature and expert consensus to help health care organizations measure, assess and improve performance. The surveyor also conducted onsite observations and interviews with clients.

“As a private accreditor, The Joint Commission surveys health care organizations to protect the public by identifying deficiencies in care and working with those organizations to correct them as quickly and sustainably as possible,” says Mark Pelletier, RN, MS, chief operating officer, Accreditation and Certification Operations, and chief nursing executive, The Joint Commission. “We commend Insight Recovery Centers for its continuous quality improvement efforts in patient safety and quality of care.”

At Insight Recovery Centers, we approach substance use disorders by understanding that it occurs on a spectrum. This means drug and alcohol can vary from mild to moderate to severe. Our vision is to create the best integrated, high quality behavioral health care for adults and their support systems by experienced professionals.

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**INSIGHT RECOVERY CENTERS** - At Insight Recovery Centers we believe in restoring balance to those affected by substance use and mental health disorders through evidence-based outpatient treatment. Based out of Ashburn, Virginia, we strive to be the best treatment provider by using our core values of integrity, responsibility, and devotion to our continuation of learning.